

# PURE SEVEN

## THE SPA

### MASSAGES

PURE SEVEN SIGNATURE MASSAGE

90 MIN | 230 €

SEVEN HOT STONE THERAPY

60/90 MIN | 190/210 €

SEVEN AROMATIC TOUCHES

60/90 MIN | 170/210 €

DEEP TISSUE

45/75 MIN | 170/210 €

FOOT REFLEXOLOGY

45 MIN | 150 €

HEAD & SHOULDERS MASSAGE

30 MIN | 110 €

ABHYANGA MASSAGE

90 MIN | 250 €

### BODY TREATMENTS

PURE SEVEN BODY RITUAL

SCRUB | 60 MIN | 180 €

PURE SEVEN BODY WRAPS

90 MIN | 230 €

### FACE TREATMENTS

ESPA INNER BEAUTY

60 MIN | 170 €

ESPA INTENSE REGENERATING

60 MIN | 190 €

ESPA OPTIMAL SKIN HEALTH

90 MIN | 210 €

HYDRA FACIAL

SIGNATURE HYDRAFACIAL | 30 MIN | 160 €

DELUXE HYDRAFACIAL | 60 MIN | 220 €

PLATINUM HYDRAFACIAL | 90 MIN | 320 €

### ADD-ON EXPRESS TREATMENTS

Must be added to another treatment

EYE LIFT

30 MIN | 35 €

EXPRESS FACIAL

30 MIN | 35 €

SALT & OIL SCRUB

30 MIN | 90 €

FOOT MASSAGE

20 MIN | 70 €

SCALP MASSAGE

20 MIN | 70 €

### IBICENCO RITUALS

(Food Menu included)

ALMOND ESSENCES

3 HOURS | 310 €

MANDARIN ESSENCES

3 HOURS | 310 €

FIG ESSENCES

3 HOURS | 310 €

### SPECIAL THERAPIES

OXYGEN BAR

20 MIN | 35 €

EAR CANDLING

45 MIN | 120 €

100 € EXTRA FEE FOR IN-ROOM TREATMENTS

## BEAUTY SALON SERVICES

### HAIR LADIES SALON

WASH & BLOW DRY

45 MIN | 120 €

WASH, HAIRCUT & BLOW DRY

60 MIN | 160 €

HAIRSTYLING

60 MIN | 150 €

HAIR RITUAL 7PINES

90 MIN | 220 €

MANICURE

50 MIN | 90 €

NAIL POLISH APPLICATION

30 MIN | 30 €

PEDICURE

50 MIN | 90 €

GEL MANICURE

50 MIN | 100 €

GEL PEDICURE

50 MIN | 110 €

SHELLAC REMOVAL

20 MIN | 20 €

FRESH MAKE-UP

30 MIN | 100 €

GLAM MAKE-UP

50 MIN | 150 €

MAKE-UP BRIDE (2 SESSIONS)

80 MIN | 290 €

### THE BARBER SHOP

WASH, CREATIVE CUT / RESTYLE

45 MIN | 90 €

WASH, MOD HAIRCUT & STYLE

45 MIN | 90 €

BEARD SCULPT

20 MIN | 50 €

WET-SHAVING RITUAL

60 MIN | 80 €

GENTLEMEN ' S MANICURE

30 MIN | 60 €

GENTLEMEN ' S PEDICURE

50 MIN | 90 €

## OUR WELLNESS GETAWAY

REBALANCE GETAWAY

2 DAYS | 1.116 €

GET FIT GETAWAY

2 DAYS | 816 €

MOOD & PEACE GETAWAY

2 DAYS | 887 €

## OUR SPORT & ACTIVITIES

PRIVATE YOGA (HATHA / NIDRA)

60 / 90 MIN | 150 € / 180 €

PRANAYAMA (BREATHING TECHNIQUE)

45 MIN | 120 €

PRIVATE PILATES (MAT)

60 MIN | 150 €

PRIVATE MEDITATION MINDFULNESS

60 MIN | 150 €

VIPASSANA

60 MIN | 150 €

PRIVATE PERSONAL TRAINING SESSION

75 MIN | 150 €

LOW PRESSURE FITNESS (ABS)

45 MIN | 120 €

HIIT TRAINING

60 MIN | 150 €

TRX TRAINING SESSION

60 MIN | 150 €

GUIDED 7PINES RUNNING CIRCUIT

60 MIN | 150 €

## COACHING SESSIONS

FITNESS COACH SESSION

60 MIN | 170 €

NUTRITIONAL COACH SESSION

60 MIN | 170 €