THE SPA



"Wellness is not a trend, it is a way of life."

Surrounded by lush pine trees and overlooking the sea, Pure Seven the spa at 7Pines Resort Ibiza, is the soul of the resort. A year-round haven of wellbeing inspired by the Mediterranean lifestyle and energy of Ibiza with a mission to reconnect body and mind.

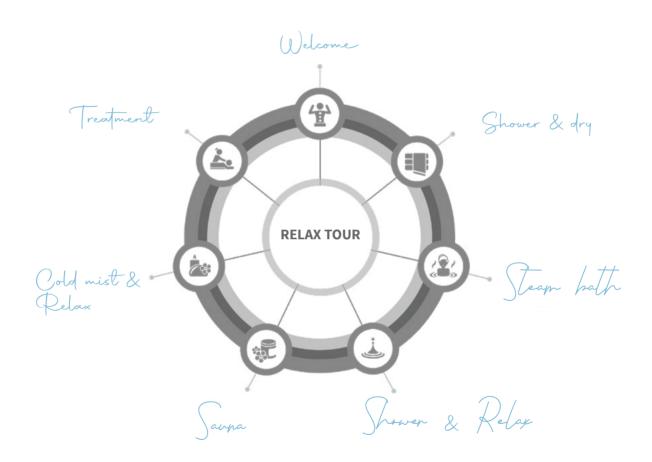
Open to hotel guests and visitors alike, our pampering oasis is dedicated to holistic wellbeing experiences that instill a sense of purity and serenity. All treatments are tailored to the individual, providing bespoke care and use natural, organic elements such as Ibiza salt, local herbs and citrus. Our menu offers an array of treatment using pioneering techniques from advanced cosmetology, medical aesthetics and ancient practices from every corner of the world; from Mayan volcanic stone massage to Indian Ayurvedic medicine and from Oriental methods to massages with European influences.

Pure Seven also offers beauty services, physical and mental activities such as personal training sessions, pilates, yoga, meditation, or nutritional coaching. Wellness retreats and visiting practitioners bring a mindfulness dimension to our offerings. Our holistic and therapeutic approach provides care for your body, mind and spirit, as well as care for our environment - our spa is plastic-free and we only use paraben-free and vegan products.

PURE SEVEN RELAX TOUR

Your wellness experience starts with a Pure Seven Relax Tour through steam bath, saunas, and relaxation time facing the captivating Mediterranean Sea and the magical rocky island of Es Vedrà.

Prepare to enjoy a pure moment of bliss.





MASSAGES

PURE SEVEN SIGNATURE MASSAGE | 90 MIN

Immerse yourself in profound relaxation with this comforting and deeply restorative treatment. Feel physical and emotional pressure slip away as long, light, sweeping massage using warm Sweet Orange, Palmarosa and Lavender essential oils and hot stones quietens your mind, soothes tense muscles and nourishes skin. Moving through the whole body and scalp, this restorative experience leaves mind and body balanced and renews a sense of blissful inner calm.

Includes: Warm oil pouring, full body Balinese massage with hot stones, realignment stretches scalp massage

SEVEN HOT STONE THERAPY | 60/90 MIN

Discover lasting relaxation for mind and body with this aromatherapeutic treatment. Tailored massage with hot stones unravels persistent muscular tightness and discomfort while pure, aromatic essential oils envelop the senses to encompass the mind, recharge spirits and leave you feeling rejuvenated.

Includes: Full body aromatherapy massage with hot stones, scalp massage.

SEVEN AROMATIC TOUCHES | 60/90 MIN

Quieten your mind, release tension and nourish your skin with this holistic, ultimately restorative experience. Personalised to your physical and emotional needs, carefully chosen aromatherapy blends relax, cleanse or energise, while advanced massage alleviates muscular pressure, soothes anxiety and invokes profound relaxation. Mind and body feel balanced, energy renewed and inner calm beautifully restored.

Includes: Full body aromatherapy massage, scalp massage

DEEP TISSUE | 45/75 MIN

Restore comfort, suppleness and movement with this intensely effective massage. Active stretching and specialised massage with expertly blended aromatherapy oils alleviate deep-seated tension in the neck, shoulders and back with instant and lasting effect. Muscular pain is diminished, leaving you feeling stronger and more energised.

Includes: Targeted massage, with or without hot stones, focussing on areas of concern, scalp massage.

MASSAGES

FOOT REFLEXOLOGY

Offering so much more than simple feel-good effects, this reflexology treatment works deeply and specifically within reflex points on the foot, helping enhance recovery in corresponding areas of your body.

HEAD & SHOULDERS MASSAGE | 30 MIN

Ease tension where you need it most with this fast-acting de-stressing treatment. Personalised to your unique needs, targeted massage with pure aromatherapy blends relaxes tense muscles, re-energises your body and calms your mind.

Includes: Massage to the back, neck and shoulders.

ABHYANGA MASSAGE | 90 MIN

Discover a renewed sense of wellbeing and calm with this deeply relaxing massage. Ayurvedic massage techniques and a warm infusion of aromatherapy oils are used to ease tension and calm the mind, before a de-stressing scalp massage completes this tranquil experience.

Includes: Ayurvedic body massage, scalp massage.





PURE SEVEN BODY SCRUBS & WRAPS

PURE SEVEN BODY RITUAL | 60 MIN

Rejuvenate your spirits and awaken natural radiance with this sensorial ritual. Natural sea salt smooths away dull, dry cells before targeted massage with aromatic essential oils alleviates tense muscles, releases any cares and leaves skin soft, supple and glowing with health

Includes: Salt & oil full body exfoliation, targetea massage.

Choose from:

- Orange & Rosemary Brightening Orange and reviving Rosemary awaken and uplift skin and spirits.
- Lavender & Palmarosa Relaxing Lavender and soothing Palmarosa gently calm and reassure mind and body.

PURE SEVEN BODY WRAPS | 90 MIN

Purify your body or deeply replenish your skin with this personalised body wrap. Reveal instant results from naturally detoxifying Marine Algae or nourishing Mud. Skin looks refined, toned and beautifully radiant, while a soothing scalp massage restores inner calm. Includes: Skin brush, body exfoliation, algae or mud wrap, scalp massage.

Choose from:

- Orange & Rosemary A body wrap of Marine Algae combined with naturally cleansing and reviving essential oils help eliminate toxins, purify the body and hydrate the skin.
- Lavender & Palmarosa A warm blend of a deeply nourishing body cream and comforting essential oils soothe dry skin and restore balance to the mind

NUESTRAS TERAPIAS ESPECIALES



PURE SEVEN SPECIAL THERAPIES

EAR CANDLING | 45 MIN

Also called thermal-auricular therapy, this alternative medicine practice is believed to improve general health and wellbeing by removing excess ear wax from the ear canal and toxins from the body, and cure nose, throat and eye infections.

OXYGEN BAR

The intake of pure oxygen helps our body improve energy levels and vitality, stimulates blood circulation and breathing. Enjoy a moment of relaxation with oxygen therapy.



FACE TREATMENTS

ESPA INNER BEAUTY | 60 MIN

Deep cleanse, hydrate and renew with this instant result facial. Tailored to your skin's precise needs. Tri-Active formulas work immediately to transform your complexion while pure aroma therapeutic oils encompass your mind. Skin looks clear, quenched, naturally beautiful, and inner calm is blissfully restored.

Includes: Skin analysis with SkinVision™ lamp, triple cleanse, exfoliation, facial massage, personalised mask, scalp massage.

ESPA OPTIMAL SKIN HEALTH | 90 MIN

Visibly revive skin's natural beauty, balance and heal. Achieving instant results with long-lasting benefits, this intelligent facial harness nature's most potent actives alongside high performance massage to deeply cleanse, refine and hydrate skin. You emerge with a smooth, profoundly nourished complexion, glowing with natural health. A great treatment for both men and women.

Includes: Skin analysis with SkinVision™ lamp, triple cleanse (including deep brush cleanse), exfoliation, facial massage, mask, hand & arm exfoliation and massage.

ESPA INTENSE REGENERATING 160 MIN

Visibly diminish wrinkles and fine lines with this powerfully age-defying facial. Instantly effective, naturally renewing formulas combine with restorative massage to noticeably tone, plump and intensely hydrate mature skin. Youthful radiance is awakened and your skin is left feeling beautifully refined, soft and supple.

Includes: Skin analysis with SkinVision™ lamp, triple cleanse, exfoliation, age-defying facial massage, mask, scalp massage.

HYDRAFACIAI

The HydraFacial MD® treatments merge soothing and invigorating spa therapies with advanced non-surgical, medical technology to achieve instant, lasting results. Only HydraFacial uses patented technology to cleanse, extract, and hydrate. HydraFacial super serums are made with nourishing ingredients that create an instantly gratifying glow. These non-invasive treatments provide comprehensive skin health including exfoliation, acid peelings, extractions, and hydration and are suitable for all skin types.

Signature HydraFacial - 30 min Deluxe HydraFacial - 60 min Platinum HydraFacial - 90 min

ADD-ON EXPRESS TREATMENTS

Why not complement your treatment with

EYE LIF

Smooth, firm and hydrate with this instantly revitalising eye treatment. Targeted massage with proven Tri- Active™ formulas relaxes the mind while smoothing fine lines, quenching delicate skin and diminishing puffiness and dark shadows

Includes: Skin analysis with SkinVision™ lamp, cleanse, exfoliation to face and eye contour, eye contour massage, firming eye mask.

EXPRESS FACIAL

Reveal a clear, refreshed, naturally beautiful complexion with this express facial. Personalised to your needs, natural active formulas cleanse, rebalance and hydrate while aromatic essential oils capture your mind, leaving you looking and feeling relaxed and radiant.

Includes: Skin analysis with SkinVision™ lamp, double cleanse, exfoliation, personalised mask, scalp massaae.

Express treatments can only booked as an add-on to other treatments

SALT & OIL SCRUB 30 MIN

Revive skin's natural softness and glow with this intensely exfoliating treatment. An ideal way to prepare skin for other treatments, a natural blend of sea salt and the purest oils polishes away dull, dry cells and infuses skin with rich nourishment. Skin feels smooth, supple and looks radiantly healthy.

Includes: Salt & oil full body exfoliation

SCALP MASSAGE - 20 MIN

FOOT MASSAGE - 20 MIN





IBICENCO RITUALS

With the island's native essences, we have designed three Rituals with 100% Ibizan character, accompanied by the best massage techniques and the hands of the best therapists. Holistic experiences that allow you a time of relaxation and wellbeing where you will discover an authentic spa experience. All our Ibizan rituals include a tasting menu in the different restaurants of our Resort, so that your enjoyment is complete.

ALMOND ESSENCE 3 HOURS

Reminiscent of the charismatic landscapes of lbiza's orange groves.

Sweet like the delicate almond blossom and sweetened by its notes of vanilla essences, this fragrance is born from the fruits and flowers of the most select almond trees harvested on the island. An appetising bittersweet candy with an aromatic body of orange blossom, lily of the valley, white moss and almond blossom. Relaxing massage with facial treatment included to make this Ritual a holistic experience. Prepare to lose yourself in a state of wellbeing, ready for a deep night's sleep.

Includes: Lunch / Dinner menu

MANDARIN ESSENCE 3 HOURS

For over 30 years, the blend of its stimulating and sparkling freshness has been uplifting, a burst of optimism that helps sparkling awakenings. A fresh aromatic body with overtones of bergamot and lemon accompanied with essence of verbena, mandarin, galbanum and bitter orange. Combination of reflexology sequence and breathing techniques. Throughout the whole process, we spray mandarin oil on the skin and provide special massages to the main relief points of the head, face, neck and back. We use the best techniques of shiatsu, cranial and Thai massage. This treatment allows tension to dissipate and with a newfound peace of mind, you will discover your new self

Included: Lunch / dinner menu

IBICENCO RITUALS

FIG ESSENCE 3 HOURS

An original and daring fragrance, created from a wise bittersweet blend. The bitter taste of the vine leaf blends perfectly with the sweetness of figs ripened in the Ibiza sun. A composition that seduces both women and men

This treatment begins with the body scrub with its invigorating fig oils. Your skin will be covered from head to toe, you will feel incredibly active and ready to receive a holistic massage where the essential fig oils will penetrate the skin and allow it to detoxify. You will experience a massage where pressure points on the face and scalp will be stimulated and specialised reflexology techniques will be used. Your body's immune system will be stimulated, your lymphatic system will be detoxified and you will feel recharged and completely revived.

This treatment allows you to stop, switch off and then restart. Your senses will be awakened and your body and mind will receive a natural energy boost.

Included: Lunch / dinner menu included.







BEAUTY SALON SERVICES

The Beauty Salon at Pure Seven offers a wide range of services to ladies for hair, nails and beauty needs. The hair salon provides bespoke washing, blow dry, cut and styling using the finest natural products. Make-up services are also on-hand ahead of a night out in Ibiza or to sparkle for special occasions.

Gentlemen will also find their pampering corner at The Barber Shop for hair wash, cut or style, beard sculpt or shave, and manicure.



SPORTS & ACTIVITIES

"Be inspired by the flow and the positive energy of the island."

Located on a cliff between a pine forest and the Mediterranean Sea, the Fitness Centre is a sanctuary for guests in search of active pursuits.

Equipped with LifeFitness cardio machines, multi-adjustable benches, dumbells, strength machines and with Personal Training sessions available upon request, the fitness area boasts multifunctional spaces both indoor and outdoor with a terrace facing the magnetic Es Vedrà.

A great way to start the day full of positive energy: for those looking for a balancing experience, indoor and outdoor private classes of yoga, pilates and meditation are also available. The clifftop is your studio and the Mediterranean is the playlist.

Group sessions can also be organised upon request. Please enquire with our team



Wellness is the state of good mental, physical and emotional health. Whether you are looking to detox, get fit, balance body and mind or offer your skin a second youth, let us help you achieve your goals. Whatever your wishes are, Pure Seven Wellness Getaway will guide you through a holistic path of wellbeing.

GET FIT GETAWAY 2 days

Get your body back in shape. Your fitness retreat.

REBALANCE GETAWAY 2 days

Balance your body and mind. Your wellness retreat.

MOOD & PEACE GETAWAY 2 days

Minimise stress, create change and promote synergy in your life by focusing on stress management and healthy lifestyle. Your de-stressing retreat.



CHECK-IN

Opening hours

Gym: from 7:00 hs to 21:00 hs

Pure Seven Spa: from 10:00 hs to 21:00 hs

Dress code

Come as you are. You can come with your bathrobe or with your own clothes. Our changing rooms are equipped with bathrobes, towels slippers, disposable underwear and all the necessary amenities during your visit to the spa.

children policy

Children under the age of 16 must be accompanied by an adult for the entire duration of the treatment, incluiding manicures and pedicures in the salon. Contact the spa for details on the treatments available to our young guests. Access to the rest of the spa, including changing rooms and the thermal area, is limited exclusively to those over 16 years of age.

spa label

The environment in Pure Seven is relaxation and tranquility. Respect the right to privacy and serenity of other spa guests. To maintain a quiet environment, cell phones, pagers, cameras, etc. are not permitted. Pure Seven is a smoke free zone.

gym wear

Please wear athletic shoes for the gym facilities. Children under the age of 16 must be accompanied by an adult when using the gym area.

Personal items

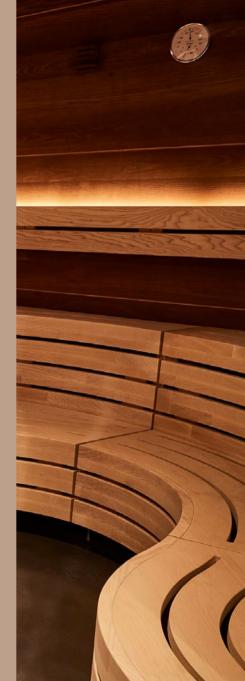
Pure Seven spa will not be responsible for lost or missing articles that have not been deposited in the changing room lockers

health questionnaire

Upon arrival, you will be asked to fill out a health questionnaire with information that will be useful to our therapists. Please advise us of any health conditions, allergies or injuries that may affect your choice of treatment when making your spa reservation.

Pregnancy

We offer treatments specially designed for pregnant women. Our spateam can provide guidance on the most appropriate treatments during that special moment.



PURE SEVEN DESPUÉS DE SU TRATAMIENTO

We recommend avoiding sun exposure for 2 to 3 hours after some treatments such as body exfoliations or facials. Your therapist can recommend an adequate sun protection available at the Pure Seven spa boutique.

Homecare

Extend your spa experience at home. Most products used in our treatments are available at Pure Seven Boutique. Your therapist can recommend products suited to your skin conditions.

Gifts

Gift products and treatments can be purchased at Pure Seven Boutique.

Comments

We strive to continuously improve your experience and would be delighted to hear your feedback. Please feel free to share your comments on our services, team members or facilities with your therapist or the Spa Management.





BOOKINGS & CANCELATION POLICY

To reserve your treatment at your preferred time and avoid disappointment, we recommend booking in advance by contacting our Pure Seven reservations team at:

T: +34 971 195 200

E: spa.ibiza@7pines.com

Whatsapp: +34 610 71 26 35

We encourage you to arrive 30 minutes before your appointment time to fully enjoy our spa facilities prior to your treatment. If you are late for your appointment, in consideration of other guests, your treatment will be conducted within the remaining time of your appointment.

In-suite spa treatments are available upon request at an additiona cost of 100 EUR.

For cancellations, please inform us 24 hours in advance.

- > Cancellations made 12 hours before appointment will be charged 50% of treatment price.
- Cancellations made 6 hours before appointment or later will be charged at full treatment price.

THE SPA

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